



Programm Trainingslager MFA - Kreis Köln

Saturday, 29th July

Meeting at Airport 0500 hrs

Departure Malta -Germany 0700hrs

Arrival Dusseldorf 1000hrs

Transfer to Sports Complex Gästehaus der DSHS - Guts Muths Weg 1, 50933 Köln

1230-1400hrs Lunch

1400-1430hrs Opening of Seminar – Kevin Azzopardi & Ivan Mrkalj

1430hrs-1530hrs It's a matter of attitude – Kevin Azzopardi

1530 – 1545hrs Group photo

1545 -1715hrs Concentration and Awareness (Practical session) – Andre' Arciola

2000hrs Dinner

Sunday, 30th July

0730 – 0830hrs Training Session –Adrian Azzopardi

0830 – 0930hrs Breakfast

0930 -1030hrs Video test – Marco Borg

1100 – 1230hrs Cologne Stadium tour „1. FC Köln“

1245 -1315hrs Lunch

1315 hrs Departure for matches

1500 hrs Match 1 & Match 2 with two observations of german coaches (Ivan Mrkalj / Alexander Feuerherdt & Tobias Altehenger)

1. FC Pesch - VFB Solingen

2. Spvg Flittard - GW Brauweiler

2000hrs Dinner

Monday, 31st July

0700 - 0745 hrs Breakfast

0800 hrs Departure to Sportschule Hennef Sövenner Str. 60, Hennef

0900 - 1200 hrs Team building at Kletterwald Hennef

1215 - 1300 hrs Lunch

1315 – 1400 hrs Guide through Sportschule Hennef

1415 - 1545 hrs Types of player – how to deal with them? – Ivan Mrkalj

1600 - 1715 hrs German Football and Referee System – Dr. Jan F. Orth

1730 - 1845 hrs Curiosities of the laws and rules – Alexander Feuerherdt

1900 hrs Departure to Cologne

2000 hrs Dinner at Brewery Paffgen

2115 hrs Nightwalk through Cologne City

Tuesday, 1st August

0730hrs – 0900hrs Training Session – Adrian Azzopardi

0900hrs – 1015hrs Breakfast

1015hrs -1100hrs English Proficiency test – Kevin Azzopardi & Adrian Azzopardi

1100hrs - 1200hrs Management & Body Language – Roberto Buontempo

1200 -1400hrs Lunch

1400 -1530hrs Match Analysis – Stephen Mallia & Observers

1530 – 1630hrs Video Test answers – Marco Borg

1630 – 1730hrs Closure of seminar – Kevin Azzopardi & Ivan Mrkalj

2000hrs - Dinner

Wednesday, 2nd August

0430hrs Departure to the airport

0700hrs Departure Germany to Malta.